

Ram -Zet is back in the Norwegian metal scene!

After 13 years away from the metal scene, Ram-Zet is back in action. After their last album, "Freaks in Wonderland" (2012), the members have had different areas of focus, and apart from occasional gigs, Ram-Zet has been paused.

After what turned out to be years, founder and songwriter Henning "Zet" Ramseth felt that the time had come to work on new music. The band was reunited, and the resurrection was a fact. The last couple of years, the band has been working intensively on a new album, and was also reunited with the live scene in the summer of 2024.

Now the release dates of the new opus is set. The first singel «Zerocane» will be available on all digital platforms the 30th of January, followed by «Cranium» February the 27th. Full album «Sapien» will enter the world in both double vinyls and CD's as well as the streaming services 03.27.2026.



There have been some changes in the line-up since the last album. As keyboardist Karoline "Ka" Amb chose to leave the band when the activity increased, Kai "Aazuu" Renton (known from Trollfest) joined the ranks on keys. Ingvild "Sareeta" Johannesen (violin) is also back after a longer break.

Today's line-up:

Kai Renton / Aazuu - Keyboards

Lars A Lien / Lanius - Bass

Ingvild Strønen Johannesen/ Sareeta - Violin

Henning Ramseth / Zet – Guitar, vocals

Miriam Renvåg / Sfinx - Vocals

Kent Frydenlund/ Küth - Drums

Ram-Zet are now very ready to show off their existence finally sharing newly written music. They will also actively be seeking the live scene.

Briefly about background and musical roots

Ram-Zet's debut "Pure Therapy" came out in 2000, and at the time, playing with genres and contrasts in the more extreme subcategory of metal was relatively unknown territory. They received great attention for their innovation, which led to a Norwegian Grammy nomination, and a performance at the very first Inferno Festival (2001). They also made live appearances at Quart, a number of other festivals and gigs/tours, sharing stage with acts like Borknagar, Theatre of Tragedy, Madder Mortem, Susperia - amongst others. After their debut, they released four more albums.

After the debut they released four more albums: Escape (2002), Intra (2005), Neutralized (2009) and Freaks in Wonderland (2012).

The rules for Ram-Zet's music are that there are no rules. Although the base still consists of both hard, heavy, and occasionally technical metal, the musical narratives constantly offer detours and travel into other, perhaps surprising, genres. With a combination of male clean and growl vocals, female vocals, violin and a wide range of synths and keyboards on top of hard-hitting riffing and melodic lines from the traditional band line-up, the placement in the somewhat indefinable genre of "avantgarde metal" is the closest you get to a genre definition. The catchy and melodic are however important consistent elements.



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